BIO

My name is Clifford Boshea. On March 17, 2006, I had a stroke. That day, my life changed. I no longer felt addicted to drugs, alcohol, or cigarettes. Before my stroke I was addicted to all these things.

I woke up the next day and I couldn't move my right arm or leg, and I also wasn't able to talk, but still had thoughts in my head. I also couldn’t walk. In the beginning, they thought I wouldn’t be able to talk ever again. I proved them wrong!

As a result of my stroke, I have apraxia and a mild dysarthria. For three years, I couldn’t talk at all. Then I learned to say "yes," "no," "mom," and "Cliff." Since then, I've been learning words like they were going out of style!

I come to The College of Saint Rose for Book Club, Speech Group, and I also attend individual session for two hours once a week. I've learned a lot at Saint Rose and I'm always improving.

If you'd like to learn more about me, click on the links!